



# ZUMBA

## MEADOW WOODS RECREATION CENTER

1751 Rhode Island Woods Circle, Orlando, FL 32824

with  
**Ismael Aponte**  
"El Bebo"

*Ditch The Workout, Join The Party!*

**Tuesdays & Thursdays**  
**7 p.m. to 8 p.m.**

Bring Water, a sense of fun and let's PARTY!

**\$5 per class**

**For ages 10 years old and up.**

**NO DANCE  
EXPERIENCE  
REQUIRED!**

Join certified Zumba fitness instructors and experience  
this dance fitness phenomenon called ZUMBA!

Email [iaponte3@yahoo.com](mailto:iaponte3@yahoo.com) or  
call (321) 443-5743 for more information



@ismael\_elbebo



Ismaelito El Bebo



Ismael El Bebo

[www.elbebofitness.com](http://www.elbebofitness.com)

Please consult your doctor before beginning any type of exercise regiment or program.

**Every class feels like a party!**



For more additional, please call

**(407) 254-9065**

[www.OrangeCountyParks.net](http://www.OrangeCountyParks.net)

We embrace the power of diversity. Orange County Parks and Recreation does not discriminate against anyone on the basis of age, race, gender, national origin or disability. ANY SPECIAL NEEDS PLEASE CALL 407-836-6200.

